



BROTHERHOOD · LEADERSHIP · SPIRIT · TRADITION
SINCE 1927

Family Handbook 2024



Table of Contents

Section 1: Things we need from you before camp starts

Page 3

- Campanion** - download our smartphone app which will make form uploads very easy!
- Camp Avoda Pre-Packaged Medication Orders **(*Due by April 30*)**
- Camper Profile **(Due by May 15)**
- Health Forms:
 - Health History **(Due by May 15)**
 - Insurance Card (**back** of card and front) **(Due by May 15)**
 - Physician's Form (including immunizations) **(Due by May 15)**
 - Medication Authorization & Acknowledgement **(Due by May 15)**
- Field Trip Acknowledgement **(Due by May 15)**
- Camper Code of Conduct **(Due by May 31)**
- Order Your Son's Required Camp Shirt **(Due by May 31)**

Section 2: Other Health Related Information to Review

Page 10

- Camp Avoda Medical Policy
- Memo regarding medications
- Meningitis Memo
- Immunization Memo

Section 3: Useful information as you prepare for camp this summer

Page 12

- Label recommendations
- Shipping Option for camp luggage
- Items Campers Must Bring and Must Not Bring
- Packing List
- Beanies/Kippot
- Shelf Space/Dresser Info
- Bunk Money
- Be Avoda FIT policy
- COVID FAQ's
- Contact information - mom's group

Section 4: Important Dates

Page 18

- Forms Due
- Rookie Day
- Arrival Times and Protocols
- Visiting Day

[Section 5: Right before Camp starts](#)

Page 20

- COVID-19 Testing

[Section 6: Once the summer begins](#)

Page 21

- Companion
- Photos
- Emails
- Our Mailing Address
- Middleboro restaurants, stores and local hotels

[Section 7: Pick-Up/End of Summer Protocols](#)

Page 24

- Pick Up Schedule
- Suggested Gratuities



Section 1: Things we need from you before camp starts

Information on Companion

You have access to a great tool this season - for your iPhone or Android. *We highly recommend you use it!*



Companion is a mobile app that comes to us from CampMinder. As you know, CampInTouch is where you go now to upload forms and where you will go once summer is underway to see photos, read our daily blog, and email your camper. And you can still use CampInTouch for all of these things, but **the app will make it easier to do many of these things** as well - and because it will link to your CampInTouch account you will have Camp Avoda with you wherever you go!

Using Companion you can:

- **Easily** fill out , scan and upload forms for this summer
- Upload a photo (referred to in the app as a training photo) in order to see 'tagged' photos of your child that facial recognition has found
- See, favorite, download and share photos and albums
- Send text only letters to your son
- See a chronological stream of our albums, microposts and tagged photos
- Complete a camper application for next season

To get started, follow these simple steps:

- Download the **Companion** app
- Login to the app using your CampInTouch Account login and password
- Begin using the app by:
 - Uploading a photo of your child. When you login for the first time, **Companion** will ask you for a photo of your son (you can take the photo then or use an existing one!). If you want to skip that step you can always return to it by clicking on the *My Campers* section in the dropdown menu.
Note: In order to take advantage of facial recognition for photos starting from the first day of camp you will want to upload a photo before camp starts.
Note: If you have used **Companion** in a prior summer, know that photos are cleared out in the spring to make sure you have a current and accurate photo of your son.
 - Clicking on the Forms section in the dropdown menu and filling out forms or scan documents and upload them.
 - Reviewing our latest updates.



If your son will be taking prescription or over-the-counter medications on a regular basis while at camp this summer, **you are required to order those medications by April 30th** through our partner: **Duval's Pharmacy in Whitman, MA**. They will pre-package the medications and we will pick them up prior to your son's arrival at camp.

All daily over the counter and prescription medications **MUST** be filled by Duval's Pharmacy.

The **ONLY** exceptions will be Epinephrine Auto Injector/Auvi-Q or other injectable medications, rescue inhalers, nasal spray, and any short-term antibiotic (started within the week prior to camp) which will be accepted on Opening Day. These **MUST** be labeled with your son's name and be in the original prescription bottle. Medication cannot be administered from any other packaging.

If your son uses an inhaler, or may need an epi-pen, please be sure to bring two (2) of them to camp. Don't forget to check the expiration date! If he needs over-the-counter medication (OTC) on a daily basis, please have it filled at Duval's Pharmacy. If he needs occasional OTC medications, we can provide them.

At Duval's Pharmacy, we work with Karen McManus who can answer any questions. Her email is [Karen@duvalsrx.com](mailto:karen@duvalsrx.com). The phone number is 781-447-0606

Please complete this [Intake Form](#) (also available on our website at [Summer Preparation & Forms](#)) which will allow you to fill out the form, save it and then send it to the pharmacy by:

- email to karen@duvalsrx.com
- mail to Duval's Pharmacy 571 Washington St, PO Box 429, Whitman, MA 02382 or
- by fax to 781-447-4769.

Please send the [form](#) as soon as possible, but not later than **April 30th**.

Why do we choose this approach?

- Ensures accurate dispensing of medications to your child at the right time and on the right day
- Reduces chances for medication errors.
- Both Prescription and over-the-counter medication can be packaged together.
- If your son is staying at camp for the summer, you can easily order refills and have them sent directly to camp. We will call when it arrives.

Camper Profile

Due by May 15

This form will tell us about your son's:

- Interests and hobbies
- Social disposition
- And more...

To fill this out online:

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "Camp In Touch Login"
- Log in to your Camp In Touch account
- Select "Forms & Documents"
- Click on "Camper Profile" and fill out one form for each camper in your family.

To fill this out using the Companion app:

- Go to Companion
- Select "Forms"
- Select your camper
- Click on "Camper Profile" and fill out one form for each camper in your family.

Health / Camp Forms

Due by May 15: All camper families must complete, read and submit the following:

A. Health History Form	To be completed on-line or via app by 5/15
B. Copy of front <u>AND</u> back of Insurance Card	Submitted on-line, via app or email by 5/15
C. Physician's Form (<i>Can be up to 18 months old from the start of the summer</i>)	Custom form from your physician is acceptable! Or download a form from Camp In Touch and bring it to your doctor to fill out. Form is submitted online, via app or email by 5/15
D. Medication Authorization & Acknowledgement Form	To be completed on-line by 5/15
E. Field Trip Acknowledgement Form	To be completed on-line by 5/15

Health Form Details

A. Health History Form

To fill this out online:

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms and Documents"
- Find "Health History"
- Click on link and complete form

To fill this out using the Companion app:

- Go to Companion
- Select "Forms"
- Select your camper
- Click on "Health History" and fill out one form for each camper in your family.

B. Insurance Card Upload through web or Companion app or send via email

Submit/Upload through the web

- Copy the **front AND back (even it is blank)** of each camper's insurance card – save as PDF
- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms and Documents"
- Find "Health Insurance Card Upload" in the list on the left
- Click the "Upload" button **all the way to the right** (Note: the link on the left is simply instructions, you do not need to download this.)
- If you could not save the FRONT and BACK of the card to one document once you've uploaded the FRONT, click the "Upload" button a second time and click "append" in the dialogue box that opens.

Submit/Upload through the Companion app

- Copy the **front AND back (even if it is blank)** of each camper's insurance card – save as PDF
- Go to Companion
- Select "Forms"
- Select your camper
- Click on "Insurance Card" and upload one PDF for each camper in your family
- If you were not able to save the FRONT and BACK of the card to one document scan one, then tap "next" and scan another one. You will see a "done" option after each scan and can choose that again after you have two documents/photos.

OR

Submit via Email

- Copy the **front AND back (even if it is blank)** of each camper's insurance card – save as PDF
- Email it to robyn@campavoda.org with your camper's name and "insurance card" in the subject line

- C. Submit **Physician's Form with Immunizations**: **Note**: this form can be up to **18 months** old from the start of camp, and **MUST include immunizations.**

If your home is not Massachusetts, please carefully review the IMMUNIZATION MEMO (Section 2, Item D below) to ensure your son has received all vaccinations required by the State of Massachusetts.

STEP 1: Obtain the form. You can use your doctor's custom form (**make sure it includes immunizations!**) or the one available in CampInTouch:

Using the Doctor's Form available in CampInTouch

If you prefer to use our physician's form, follow these instructions:

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms & Documents"
- Find "Physician's Form with Immunizations Upload"
- Click on the link on the left (picture of arrow pointing **DOWN**) to download and print if needed
- Bring this form to your doctor

STEP 2: Uploading the Doctor's Form

You can use the downloaded, completed form from Camp In Touch OR your doctor's custom form. Save all pages into one PDF document. Upload through web, Companion app, or email.

To submit/upload through the web

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms and Documents"
- Find "Physician's Form with Immunizations Upload"
- Click "Upload" button **all the way to the right** (it is a picture of an arrow pointing **UP**)

To submit/upload through the Companion app

- Go to Companion
- Select "Forms"
- Select your camper
- Click on "Physician's Form with Immunizations Upload" and upload one PDF for each camper in your family

OR

Submit via Email

- Email it to robyn@campavoda.org with your camper's name and "Physician's Form with Immunizations" in the subject line

D. Medication Authorization & Acknowledgement. Includes Covid-19 Testing Consent, Dispensing of Medication Authorization and Acknowledgement of Sun Screen and Bug Spray Application

To *submit* through the web

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms & Documents"
- Find "Medication Authorization & Acknowledgement Form"
- Click on link, read the form and sign it

To *submit* through the Companion app

- Go to Companion
- Select "Forms"
- Select your camper
- Find "Medication Authorization & Acknowledgement Form"
- Click on link, read the form and sign it

Field Trip Acknowledgement

(Due by May 15)

To *submit* through the web

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms & Documents"
- Find "Field Trip Acknowledgement Form"
- Click on link, read the form and sign it

To *submit* through the Companion app

- Go to Companion
- Select "Forms"
- Select your camper
- Find "Field Trip Acknowledgement Form"
- Click on link, read the form and sign it

Camper Code of Conduct

Due by May 31

All campers need to read and sign our Code of Conduct.

To Submit through the web:

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under each camper's "Forms and Documents"
- Find "Code of Conduct"
- Have your son read the Code
- You and your son both sign in the appropriate boxes

To Submit through the Companion app:

- Go to Companion
- Select "Forms"
- Find "Code of Conduct" under each camper's "Forms"
- Have your son read the Code
- You and your son both sign in the appropriate boxes

Order Your Son's Required Camp Shirt

Due by May 31

Please visit our on-line store.

There is a link at the bottom of our home page "Avoda Store"

or

follow this link:

<http://www.amerasport.com/AVODA/departments/31/>

Each camper is **required** to have **two Avoda shirts** for camp yearbook photos as well as field trips out of camp. These can be found under "Activewear" and "100% Cotton Tee", item 19-A02

You can also call Amerasport, our supplier, at 800-786-9402 to order items.

Shirts can be delivered right to camp if that is easier: 23 Gibbs Road, Middleboro, MA 02346

You may also purchase other items like hats, sweatshirts, pajamas, etc...

NOTE: If you have shirts from prior years, those will be fine!



Section 2: Other Health Related Information to Review

Health Related Information

All camper families must read the following:

A. Camp Avoda Medical Policy
B. Memo regarding medications
C. Meningitis Memo
D. Immunization Memo

A. Camp Avoda Medical Policy

To view online

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under "Forms & Documents for Your Family"
- Find "Camp Avoda Medical Policy"
- Click on link and read document

To view through the Companion app

- Go to Companion
- Select "Forms"
- Select "Family Forms"
- Find "Camp Avoda Medical Policy"
- Click on link and read document

B. Memo Regarding Medications

To view online

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under "Forms & Documents for Your Family"
- Find "Memo Regarding Medications"
- Click on link and read document

To view through the Companion app

- Go to Companion
- Select "Forms"
- Select "Family Forms"
- Find "Memo Regarding Medications"
- Click on link and read document

C. Meningitis Memo

To view online

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under "Forms & Documents for Your Family"
- Find "Meningitis Memo"
- Click on link and read document

To view through the Companion app

- Go to Companion
- Select "Forms"
- Select "Family Forms"
- Find "Meningitis Memo"
- Click on link and read document

D. Immunization Memo – please read and ensure your son has all necessary shots. **This is particularly critical if you live outside of Massachusetts.**

To view online

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in and select "Forms & Documents"
- Under "Forms & Documents for Your Family"
- Find "Immunization Memo"
- Click on link and read document

To view through the Companion app

- Go to Companion
- Select "Forms"
- Select "Family Forms"
- Find "Immunization Memo"
- Click on link and read document



Section 3: Useful information as you prepare for camp this summer

Label recommendations

Make sure you LABEL your son's name on ALL his belongings!

Order labels for your son's clothing right through Camp In Touch!

- Go to www.campavoda.org
- Go to the "Current Families" menu and select "CampInTouch Login"
- Log in to Camp In Touch
- Under "Your Camper" click on "Camper Clothing Labels"
- Order your labels!

or

If using a *permanent marker* we recommend Sharpie brand:
the Rub a Dub marker is waterproof

Shipping Option for Camp Luggage

If you would like to ship your son's luggage to and/or from camp we are recommending a company called ShipCamps. You can access details on schedule, pricing, packing, etc. here: <https://www.shipcamps.com/camp-avoda> or through your CampInTouch account where you will see their Blue Banner at the top of the page.

Items Campers **MUST Bring**

- **Sleeping Bags/Overnight Bag:** Campers in the following age groups should bring a sleeping bag as well as an overnight bag for their belongings:
 - All Campers / CIT's who will be at camp from 6/22 - 7/21
 - Rising 10th graders who will be at camp from 7/21 - 8/14
- **Water bottle** - Remember to put your son's name on it!
- **Laundry Bag**
- **Mouth Guard**
- For a full packing list see below or, click on the "Packing List" link on our forms page: <https://campavoda.org/wp-content/uploads/2024/04/Packing-List-2024.pdf>

Items Campers Must Not Bring

- Food
- Snacks
- Bottled Water
- Sports Drinks
- Chewing Gum
- Squirt Guns
- Water Balloons
- Cell Phones
- Video / Electronic Games
- Swiss Army (pocket) Knives





Please do NOT send your son with squirt guns, water balloons, or chewing gum.

Packing List

Important Notes:

- **Every article** (including footwear!) must be **labeled** or marked with the camper's full name.
- Camp Avoda will provide the **beanies**/kipot.
- **Two Camp Avoda T-Shirts** are required of every camper and can be purchased from Amerasport (at campavoda.org click the "Store" link at the bottom of the home page).
- We require a mouthguard as well as a water bottle with your camper's name on it. Choose a high quality bottle: e.g. Nalgene or metal so it can go in the camp's dishwasher

Toiletry Carrier	Sports equipment: tennis racquet*, baseball glove*, hockey stick*, etc.
1 Toothbrush & toothpaste	1 Pair of Shin Guards (suggested for soccer)
Soap and plastic soap dish w/cover (or liquid body soap)	Mouth guard (REQUIRED)
Shampoo	Sunglasses
Sunscreen	Athletic supporter with protective cup (optional)
Insect Repellant (with DEET)	Fishing rod and tackle (optional)
Comb or brush	Elbow and knee pads (optional)
Nail clipper	Swim goggles (optional)
Tissues	Postcards, stamps, envelopes, paper
Baby Powder (optional)	Pens and pencils
Razor, shaving cream, deodorant (optional for older campers)	Flashlight and batteries
12-14 Pairs of socks	Clip-on light; electrical or battery operated (optional)
10-12 Pairs of underwear	Small fan - clip-on; electrical or battery operated (optional)
2 Pairs of sneakers	Radio (optional)
1 Pair of waterproof footwear sandals or Texas	Extra batteries
10 T-shirts (at least 2 white and 2 dark blue)	Musical instrument (optional)
2 Polo shirts (for Shabbat)	Books for reading (optional)
2 Sweatshirts	Collapsible chair (optional)
3 Bathing suits	1 shoe bag (optional)
8 Pairs of athletic shorts	Lock for locker door (optional for senior campers)
2 Pair of good shorts or pants (for socials and Shabbat)	Pillow
1 Pair of sweatpants	2 Pillow cases
1 Pair of jeans (optional)	Sheets (twin size – 2 fitted, 2 straight)
3 Pairs of pajamas	2 Blankets or a comforter (a sleeping bag can be used as a second blanket, but not in place of one regular blanket)
1 Baseball hat or visor	Sleeping bag - based on session (can be used as a second blanket)
1 Bathrobe (optional)	Laundry bag
1 Jacket/raincoat (optional)	3 Bath towels
Duffel bags are recommended for packing clothing	2 Beach towels (large size)

* You might wish to purchase an "under-the-bed" box for games, extra bed linens, and extra clothing. (The area under the bottom bunk (bed) is 11" from the floor to the bed spring.) Each Camper is supplied 2-3 drawers for his clothes as well as a locker.

* You may want a string bag for use during field trips.

Hand-held electronic games will not be allowed:

- iPads, Nooks, Kindles are not allowed

- Cell phones are not allowed

- No camper may bring any electrical appliance with the exception of a fan, light and clock/radio.

- Camp forbids knives, and fireworks.

* PLEASE NOTE: Camp does **not** supply the starred athletic or sports equipment such as tennis racquets and baseball gloves. Campers can bring their own fishing rods with tackle - but camp also has some.

Beanies/Kippot

Your son will get Camp Avoda beanies/kippot when he gets to camp! *Camp Avoda will supply them.*

Shelf Space/Dressers

Each camper will have access to a locker. Please note that lockers have dimensions roughly: 18 inches wide, by 20 inches deep – by 30 inches high. Also note lockers have *shelves* (so mini-plastic drawers will not fit inside).

In an effort to make the bunks more spacious and open for the boys, *some* kids/bunks may have *half* of a dresser, depending on age groups. We are confident that with the combination of drawers and locker shelves the boys should have the space they need for their belongings.

Bunk Money

When you drop your son off, we ask parents to leave \$25 per session, with Leon Dyer, our Assistant Director. Counselors use this for bunk activities, treats during the summer – pizza, Dairy Queen, and other healthy foods!

- You can Venmo Leon if that is easier: @Leon-Dyer

Be Avoda FIT policy

A Focus on Healthy Living

F: Food
I: Improvement
T: Technology

Camp Avoda is excited to maintain our healthy living paradigm while your son is at camp. We have *listened* to parent feedback and we have discussed this with many people. We have also looked at what many other camps are doing and *not* doing. We are excited to put even more of an emphasis on being **healthy** in many ways during the summer. We are aware that changes at summer camp are never easy, but we are eager to join the healthy trends in our society.

Food:

- **We do NOT allow food or snacks in the bunks.**
 - We have snack time during the day and after the evening activity
 - If your son is hungry between meals, tell him to ask at the Main Office!
 - We can't allow allergens in the bunk

- **Sports drinks and water are NOT allowed.** Drinks caused trash, unhealthy options with no moderation, caused camper jealousy, and was turned into a source of currency.
 - We have water fountains all over camp. We ask that you send your son to camp with a water bottle that can be refilled.
- Please refrain from sending *food* in care packages to your boys. (Please let your relatives know too.)

NOTE: We really need **your** help with this. In past summers parents were sending and sneaking food into camp. This does not send a positive message about following the rules and doesn't support our goals. Please help enforce our snack policy.

Improvement

Each camper at Avoda is an *Individual*. We will help foster social *interactions, building self-confidence, character, friendships and mentors*. "I" stands for **Improvement**, personal improvement - and we want your son to develop not only his spirit and mind but also his body.

At Camp Avoda, campers are physically busy by the nature of our program and we see no signs of slowing down. We know our campers like to run, bike, swim, climb, volley, kick, paddle, swing, throw, hustle, and score. We remain dedicated to teaching your son how to move his body, compete, and sweat. We look to build on existing activities and add some new challenges and fitness components.

Technology

Camp Avoda is electronics-free.

Please help us keep Camp Avoda a place where **kids can get away from screen time**: cell phones, iPods (which do more than play music), TV's, laptops, kindles, and more. Let's give our kids a *break* and promote social interaction, back to basics, and a natural experience. This will also alleviate lost, misplaced or damaged commodities that may occur.

If your son needs music to go to sleep, you need to provide a radio or MP3 player that is *music-only*.

If your son is found with a cell phone, he will be asked to leave camp for three days.

This is non-negotiable. If he lives out of state, we will ask a friend or relative to pick him up for his suspension. Typically we find the senior campers brazenly (parents included) bring cell phones to camp. This will not be allowed. As we always say, "Who do you want to text or call? You are at camp with your best friends and *not* with your parents."

All other electronics will be confiscated and Camp Avoda will not be held liable for the property.

For reading, we suggest books, magazines, and comic books.

We look forward to making Camp Avoda campers FIT with your help. Thank you!

COVID FAQ's

Below are our current responses to FAQ's regarding policies and procedures for the summer of 2024. If things change between now and the start of camp we will let you know.

As of April 1, we are planning for a normal camp experience this summer. As always, we expect guests to call before showing up at camp, and we will monitor all campers and staff for COVID-19 symptoms.

Do we need to test our camper before camp?

In order to prevent COVID-19 from entering camp, we require each camper to be tested using a rapid test within 48 hours of arrival at camp. There is no need to submit test results since we feel certain that every family understands the need to keep all of our campers and staff healthy. *We will though ask you to fill out an attestation form at drop off.*

Will the camp have the ability to test campers, CIT's and staff for COVID-19?

A consent to test form is included in the materials you will be submitting before camp begins (see section 1 above). Any camper or staff member who exhibits symptoms of COVID-19 will be tested using a Binax Now rapid test. If the result is positive, it will be followed by a PCR test administered by the camp's pediatrician.

- **Please note that if a camper or staff member has been diagnosed with COVID-19 within 90 days of his arrival at camp, he is exempt from testing.**

How will COVID-19 be treated at camp?

If a camper or staff person tests positive during his time at camp, he will be separated from his group and, as mandated by the State of Massachusetts, **must be picked up from camp the same day and quarantine for 5 days before returning to camp.**

While waiting, he will be quarantined in a comfortable cabin, able to rest, and be cared for by Camp Avoda nursing staff.

Please note that every camper, including campers from out of state, must have a local contact who can host him in case he needs to leave camp as a result of a positive test. Please indicate on your son's enrollment form a name, phone number and relationship of the named person.

Do Campers and Staff have to be vaccinated?

No. Vaccinations are not required, although we highly recommend them for all who are eligible. All staff will be tested upon arrival at camp.

Avoda Mom's group

From time to time we try to coordinate a social event for Avoda moms. It's an opportunity for new families to get advice from veteran families and for everyone to have a night out with part of the Avoda community. We have a network of moms available to answer anything. If you have any questions about anything covered or not covered in these materials, please feel free to reach out to Robyn@campavoda.org.

Section 4: Important Dates

April 30	Prepackaged Medication Orders Due	(See section 1)
May 15	Health Related Forms Due	(See section 1)
May 15	Field Trip & Camper Profile Forms Due	(See section 1)
May 31	Code of Conduct Form Due	(See section 1)
May 31	Camp Avoda T-Shirt Orders Due	(See section 1)

June 9th - Rookie Day

Please join us for our:

Rookie Day* - New Camper Orientation

Sunday, June 9, 2024

11:00-1:30

Including lunch!

Rookies = First-Time Campers*

We'll give Rookies a taste of camp: the boys will get to meet other first-time campers and get to know each other, play some Avoda games with a handful of our counselors, and get a head-start on the summer! Parents can become acquainted, too!

Activities will take place outdoors except for tours of the buildings.

- Q&A for parents
- Tours
- Activities for campers
- Snacks
- All siblings are welcome: brothers and sisters

Please call 401-465-1516 or email Ronni at Ronni@campavoda.org to RSVP.



Summer Arrival Times and Protocols

All health related forms (see section 1) are **due before camp begins for the season**. In order to properly plan for the summer our nurses need access to these documents by **May 15** (even if your son is not arriving until later in the season).

All campers must have a COVID-19 test 48 hours before arrival at camp.

We encourage all families to bring their sons to camp by car if at all possible. **If your son is flying**, as always, he can be greeted at the airport by a member of the Avoda team. You will be notified of his safe arrival. Please schedule a flight so that your son arrives at TF Greene in Providence, RI or Logan airport in Boston, between 10:00 am and 12:00 pm for your scheduled session start date. *We encourage you to coordinate with other families and campers from your area!* Please contact Leon Dyer directly to discuss logistics for arrival and departure flights at leondyer@campavoda.org.

For those traveling to camp by car, we ask that you honor the arrival times and procedures that will be in place on opening days.

Upon arrival, you will be greeted by our nurses and the admin team **in the parking lot at camp**. Parents are allowed to come into camp for a short window of time (no longer than 45 minutes). This will allow you to meet your son's counselors, see his bunk and help him unpack and make his bed!

The following are scheduled arrival times:

First Month: Arriving June 23rd

**If you have more than one camper arriving from your family, please use your younger son's assigned time.*

9:00 Campers entering grades 9 and 10	12:00 Lunch for Everyone who is at camp
10:00 Campers entering grade 8	2:00 Campers entering grades 5 and 6
11:00 Campers entering grade 7	3:00 Campers entering grades 3 and 4

Bunk 14 (rising 11th graders) and CIT's (rising 12th graders) have a different arrival schedule.

- *Bunk 14ers arrive on Saturday, June 22nd from 2:00-3:00 pm.*
- *CIT's will arrive on Thursday, June 20th from 2:00-3:00 pm.*

5.5 and 2 week Campers: Arriving July 7th

All campers joining us on July 7th should arrive from 4:00-5:00 pm.

Second Month: Arriving July 21st

4:00 - 4:45	Campers entering grade 2-6
4:45 - 5:30	Campers entering grade 7-11

For easy access to all arrival and departure dates, visit our website:

<https://campavoda.org/summer-arrival-and-departure-dates/>

Visiting Day - July 21st

We will reach out to you during the first month of camp for logistics regarding visiting day which will be held from 11:00 am -3:00 pm.

Section 5: Right before Camp starts

COVID-19 Testing

All campers need to take a test within 48 hours of the start of their session AND parents need to be prepared to fill out an attestation form when you drop off your son.*

*** Please note that if a camper or staff member has been diagnosed with COVID-19 within 90 days prior to the start of his session, he is exempt from testing. We will, though, need a letter from your child's doctor.**



Section 6: Once the summer begins

Campanion



It's not too late to download the **Campanion** app. Once summer is underway we will share hundreds of photos, dozens of posts as well as our daily blog updates. All easy to access right from your phone. If you're not already using **Campanion**, you're missing out on all the best moments from camp this summer.

To get started follow these simple steps:

- Download the **Campanion** app
- Use your CampInTouch email address and password to log in
- Once you've logged in, you'll see an option to upload a training photo of your child. Once you've uploaded it, the app's technology will be able to identify your son and let you know when he's in a photo we've posted!
- Check out our posts, photos and the blog!

Photos, Camp Blog, Emails

Stay connected with your son during the summer with our *News, Online Photos & Camper Email!*

All of these are easy to do from the **Campanion** app (can you tell we love this tool??). Just click on the navigation lines on the top left corner and you can click on *STREAM* to see our news and updates, *PHOTOS* to see daily pictures or *LETTERS* if you'd like to send an email to your son. (With letters we will print your message and hand it to your son the following day. Please try to limit these to one per day. You also have the option of requesting a reply. Just check the box "I want a handwritten reply" before you click "send your letter".)

If you want to access everything from our website though, that's fine too!

- Go to www.campavoda.org
- To see Daily Photos, read the Directors' Blog, or to send an Email to your son, go to "Current Families" and click on the "Your Camper Login" button
- Use your CampInTouch login and password
- Under "Online Community" you will see:
 - *PHOTOS* - Choose date and album so you can see each day's highlights. You can mark your favorites and they will go into your favorites folder. You can email the photo to a friend. You can enlarge and download electronic photos of your favorite pictures. You can purchase prints and other items at additional costs.
 - *NEWS* - Choose the entry you want – we date them so you can read about each day's activities.

- *EMAIL* - If you'd like you can send an email to your son. Click the box next to your Camper's Name, type your message and fill in the From Box at the bottom. We will print this message and deliver it to your son the following day. Please try to limit these to one per day.
 - You also have the option of requesting a reply from your son. Just check the box "I want a handwritten reply" before you click "send your letter".
 - You can also send your son to camp with a stack of blank forms that he can use to email you throughout the summer. Just log in to CampInTouch, head over to Email and click on the PRINT NOW button found within the blue eLetter Stack banner.



Follow the instructions on the page that opens. You can print out as many as 20 forms at a time.

- We scan your son's reply / letter and upload them to CampInTouch and it will go to your inbox.
- To locate your inbox:
 - In Campanion: it's actually easier... if you click Letters from the main menu you can then see a heading on the right called REPLIES.
 - If you look for them in CampInTouch, after you log in head over to Email and then at the top of the page you'll see your eLetter Inbox in small letters, right above the blue eLetter Stack header.

You can also share these tools with your relatives. To set up a Guest Account for photos, news and emails simply login in to CampInTouch, and under "On-line Community" click on Guest Account and follow the instructions.

Our Mailing Address

To send mail to your son use this address:

Camp Avoda
 23 Gibbs Road
 Middleboro, MA 02346

Bunk # _____

We will give you his bunk number when you arrive at camp.

Middleboro restaurants, stores, hotels

When traveling to camp for drop off or visiting day you may be looking for a store for any last minute or desperately needed items. The following are close to us and should have anything you might need:

Hannaford (Supermarket)	8 Merchant's Way, Middleboro
Ocean State Job Lot (Has everything for cheap)	10 Merchant's Way, Middleboro
Aubuchon Hardware	10 Merchant's Way, Middleboro
CVS	11 Main Street, Lakeville

If you're looking to get a bite to eat, the following restaurants are close to us:

Fisher's Pub	360 Wareham Street, Middleboro	fisherspub.com
Harry's Bar & Grille	407 W. Grove Street, Middleboro	harrysbarandgrille.com
Dave's Diner	390 W. Grove Street, Middleboro	daves-diner.com
Boston Tavern	58 E. Grove Street, Middleboro	bostontavernmiddleboro.com

And if you need a hotel near camp, the following are options:

Fairfield Inn by Marriott	4 Chalet Road, Middleboro	508-946-4000	http://www.marriott.com/hotels/travel/pymfm-fairfield-inn-plymouth-middleboro/
Holiday Inn Express	43 Harding Street, Middleboro	508-946-3398	http://www.ihg.com/holidayinnexpress/hotels/us/en/middleboro/idmma/hoteldetail
Taunton Inn & Conference Center	700 Miles Standish Boulevard, Taunton	508-823-0430	https://www.choicehotels.com/massachusetts/taunton/clarion-hotels/ma191

Keep in mind too that both Boston and Providence are 45 minutes away.

Section 7: Pick-Up/End of Summer Protocols

We will remind you of your son's pick-up times while camp is in session. Planned days/time can be found here: <https://campavoda.org/summer-arrival-and-departure-dates/>

Plan on picking up your son, his belongings, medications, art projects, and/or woodshop projects if applicable.

We will allow your son to leave camp with his parents/guardians only. If someone different will be picking him up, please notify us in writing.

Suggested Gratuities

We also recommend gratuities for the bunk counselors if you see fit. We usually suggest \$10/per week per counselor (e.g. \$35-40 per each staff for a one month stay and \$75-\$80 for the full summer).

Can't wait for the summer!

