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More Spring Preparation for Camp Avoda

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Please join us for our

Rookie Day* - New Camper Orientation

Saturday, June 4th, 2022

2:00-4:00

Rookies = First-Time Campers*

We'll give Rookies a taste of camp: the boys will get to meet other first-time campers and get to know each other, play some Avoda games with a handful of our counselors, and get a head-start on the summer! Parents can become acquainted, too!

Activities will take place outdoors except for tours of the buildings.

- Q&A for parents
- Tours
- Activities for campers
- Snacks
- All siblings are welcome: brothers and sisters

Please call 401-465-1516 or email Ronni at Ronni@campavoda.org to RSVP.





Arrival Times and Protocols at Camp:

We are encouraging all families to bring their sons to camp by car if at all possible. **All campers must have a COVID-19 PCR/Molecular test 72 hours before arrival at camp which must be sent to camp ahead of your arrival.**

If your son is flying, please plan to provide proof of a negative PCR test to Ken or Ronni before your son boards the plane. You can take a photo of the document and email to info@campavoda.org or text it to Ken or Ronni. As always, your son can be greeted at the airport by a member of the Avoda team if choosing to fly. You will be notified of his safe arrival. Please schedule a flight so that your son arrives at Logan airport between 10:00 am and 12:00 noon for your scheduled session (6/26 or 7/24). Please contact Leon Dyer directly to discuss logistics for arrival and departure flights at leondyer@campavoda.org.

For those traveling to camp by car, we ask that you honor the arrival times and procedures that will be in place on opening days.

While we have all learned to be flexible these past few years, it now appears that we will **NOT** be able to welcome parents into bunks this summer. Things may certainly change, but at this point in time it will not be possible. Upon arrival, you will meet your son’s counselors, nurses and the admin team **in the parking lot at camp**. You will have the opportunity to talk to any and all of us! Your son’s luggage will be delivered to his bunk and counselors and other staff will be prepared to help him unpack.

The following are scheduled arrival times:

Please note that protocols regarding testing will be followed upon arrival on June 26th, July 10th and July 24th

First Month: Arriving June 26th

**If you have more than one camper arriving from your family, please use your older son's assigned time.*

9:00 Campers entering grade 10	1:30 Campers entering grade 7
10:00 Campers entering grade 9	2:30 Campers entering grade 6
11:00 Campers entering grade 8	3:30 Campers entering grade 5
Noon Lunch for Everyone who is here	4:30 Campers entering grades 2-4

Bunk 14 and CIT's will have a different arrival schedule. Bunk 14ers will arrive on Saturday, June 25th from 2:00-3:00. CIT's will arrive on Thursday, June 23rd from 2:00-3:00.

5.5 and 2 Week Campers: Arriving July 10

All campers joining us on July 10th should arrive from 10:30 - 11:30

Visiting Day - July 24th: Tentatively 11:00 - 3:00 PM

At this time, we do not think we will be able to have an in person visiting day at camp. We are watching to see what COVID is like in our communities before we can make a final decision and we will be providing more details after camp begins. If an in person event is not possible we will set up virtual visits for you and your sons.

Second Month: Arriving July 24th

4:00 - 4:45 Campers entering grades 2-6

4:45 - 5:30 Campers entering grades 7-11

COVID Testing at Camp for all sessions:

Any camper or staff member who exhibits symptoms of COVID-19 will be tested using a Binax Now rapid test. If the result is positive, it will be followed by a PCR test administered by the camp's pediatrician.

Please note that if a camper or staff member has been diagnosed with COVID-19 within 90 days of his arrival at camp, he is exempt from testing.

Treatment and Quarantine of Campers and Staff:

If a camper or staff person tests positive during his time at camp, he will be separated from his group and, as mandated by the State of Massachusetts, **must be picked up from camp the same day.**

While waiting, he will be quarantined in a comfortable cabin, able to rest, and cared for by Camp Avoda nursing staff.

Please note that every camper, including campers from out of state, must have a local contact who can host him in case he needs to leave camp as a result of a positive test. Please indicate on your son's enrollment form a name, phone number and relationship of the named person.

Camp Shirts and Clothing

Please visit our store on-line.

There is a link at the bottom of our home page "Avoda Store"

or

click this link:

<http://www.amerasport.com/AVODA/departments/31/>

Each camper is **required** to have **two Avoda shirts** for camp yearbook photos as well as field trips out of camp. These can be found under "Activewear" "100% Cotton Tee", item 19-A02

You can also call Amerasport, our supplier, at 800-786-9402 to order items

You can have the shirts delivered right to camp if that is quicker/easier
23 Gibbs Road, Middleboro, MA 02346

You may also purchase other items like hats, sweatshirts, pajamas, etc...

NOTE: If you have shirts from prior years, those will be fine!

Speaking of your son's shirts....

...**Make sure you LABEL your son's name on ALL his belongings!**

Order labels for your son's clothing right through Camp In Touch!

- a. Log in to Camp In Touch
- b. Under "Your Camper" click on "Camper Clothing Labels"
- c. Order your labels!

or

If using a *permanent marker* we recommend Sharpie brand:
the Rub a Dub marker is waterproof

Beanies

Your son will get Camp Avoda beanies/kipot when he gets to camp! *Camp Avoda will supply them.*

Bunk Money

When you drop your son off, we ask parents to leave \$25 per session, with Leon Dyer, our Assistant Director. Counselors use this for bunk activities, treats during the summer – pizza, Dairy Queen, and other healthy foods!

- You can Venmo Leon if that is easier: @Leon-Dyer

Shelf Space/Dressers

Please note that lockers have dimensions roughly: 18 inches wide, by 20 inches deep – by 30 inches high. Also note lockers have *shelves* (so mini-plastic drawers will not fit anymore).

In an effort to make the bunks more spacious and open for the boys, *some* kids/bunks may have *half* of a dresser, depending on age groups. We are confident that the combination of drawers and locker shelves the boys should have the space they need for their belongings.

Items to bring and not bring

- a. **Sleeping Bags:** Campers in the following age groups should bring sleeping bags:
 - a. Rising 11th graders in camp from 6/26 - 7/24
 - b. Rising 10th graders at camp from 7/24 - 8/17
 - c. Rising 7th graders at camp from 6/26 - 7/24
- b. **Water bottles:** Campers must bring a water bottle! Remember to put your son's name on it.
- c. Please do not bring **food/snacks**.
- d. Please do not bring **water or sports drinks!**
- e. For a full packing list, click on the "Avoda Clothing List" link on our forms page:

https://campavoda.org/wp-content/uploads/2022/04/Avoda_ClothingList.pdf

Health Forms Due

We have already sent emails about health forms due.

All campers, CIT's, and staff need to submit the following:

1. Online Health Form
2. Physician's Report – upload* or send us one
3. Insurance card – front **and** back – upload* or send us a copy
4. Permission to test for COVID-19

The instructions can be found here:

[Health Forms Instructions](#)

** see our document entitled **Introducing Campanion...** download the app and uploading these documents will be a breeze!*

COVID-19 Vaccine Card Upload Link

Even if your son's vaccine information was included on his Physician's form, we need a copy of his vaccination card.

- a. Go to www.campavoda.org
- b. Go to the "Current Campers" menu and select "CampInTouch Login"
- c. Log in and select "Forms & Documents"
- d. Under each camper's "Forms and Documents"
- e. Find "COVID-19 Vaccination Card"
- f. Click on the upload link and upload his card

COVID-19 Latest Test Result Upload

All campers and CIT's need to take a PCR test within 72 hours of the start of their session AND upload their negative test results prior to their start date.*

- a. Go to www.campavoda.org
- b. Go to the "Current Campers" menu and select "CampInTouch Login"
- c. Log in and select "Forms & Documents"
- d. Under each camper's "Forms and Documents"
- e. Find "COVID-19 Latest Test Result"
- f. Click on the upload link and upload his test results

*** Please note that if a camper or staff member has been diagnosed with COVID-19 within the last 90 days, he is exempt from testing. We will need a letter from your child's doctor.**

As we are trying to keep COVID-19 out of camp, campers and their families should be careful where they go and what they do in the days leading up to camp. We request that everyone remain vigilant and during the period prior to camp, we ask that everyone in the household take appropriate social distancing and preventative measures to keep their campers healthy.

Camp Avoda Pre-Packaged Medication Program



If your son will be taking prescription or over-the-counter medications on a regular basis while at camp this summer, **you will be required to order those medications through our new partner: Duval's Pharmacy in Whitman, MA.** They will pre-package the medications and we will pick them up prior to your son's arrival at camp.

All daily over the counter and prescription medications **MUST** be filled by Duval's Pharmacy. The **ONLY** exceptions will be Epinephrine Auto Injector/Auvi-Q or other injectable medications, rescue inhalers, nasal spray, and any short-term antibiotic (started within the week prior to camp) which will be accepted on Opening Day. If there is a medication that Duval's cannot provide it can be brought to camp on opening day. These **MUST** be labeled with your son's name and be in the original prescription bottle. Medication cannot be administered from any other packaging.

If your son uses an inhaler, or may need an epi-pen, please be sure to bring two (2) of them to camp. Don't forget to check the expiration date! If he needs over-the-counter medication (OTC) on a daily basis, please have it filled at Duval's Pharmacy. If he needs occasional OTC medications, we can provide them.

At Duval's Pharmacy, we work with Karen McManus who can answer any questions. Her email is Karen@duvalsrx.com. The phone number is 781-447-0606

Please complete the attached Intake form and return it to the pharmacy by fax, email, or phone them with your information.

Please send the form as soon as possible, but not later than June 3, 2022

Why did we choose this approach?

- Ensures accurate dispensing of medications to your child at the right time and on the right day.
- Reduces chances for medication errors.
- Both Prescription and over-the-counter medication can be packaged together
- More time for health care staff to focus on your child's direct care.
- Short waiting time at our Health Center on Opening Day.
- Less time needed for medication preparation and distribution.
- **There is no administrative fee and the program will work with your insurance company**
- If your son is staying at camp for the summer, you can easily order refills and have them sent directly to camp. We will call when it arrives.



571 WASHINGTON STREET
PO BOX 429
WHITMAN, MA 02382
PHARMACY PHONE 781-447-0606.
PHARMACY FAX 781-447-4769
Karen@duvalsrx.com
WWW.DUVALSPHARMACY.COM

CAMP AVODA New Patient Intake Sheet

Name: _____ DOB: _____
Address: _____
Phone: _____ gender: _____
Drug Allergies: _____

Pharmacy Insurance Information

Name of Insurance: _____
Bin number: _____ PCN number: _____
ID number: _____ group number: _____

** This information should be found on your prescription ID card, sometimes denoted as RXBIN, RXPCN, and RXGRP.

Billing address for Copayments:

** We will send a bill to the above address that can be paid via check or we can process a credit card and mail you the receipt.

CC# _____ EXP _____ Sec code _____

Camper Code of Conduct

We are asking all campers to read and sign our Code of Conduct.

- a. Go to www.campavoda.org
- b. Go to the "Current Campers" menu and select "CampInTouch Login"
- c. Log in and select "Forms & Documents"
- d. Under each camper's "Forms and Documents"
- e. Find "Code of Conduct"
- f. Have your son read the Code
- g. You and your son sign in the appropriate boxes